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ALA CARTE MENU

Available All-Day

Tel: 2538 6990

Shop 326, 3/F, Hysan Place, Causeway Bay

THE STORY OF  
LIFETASTIC



**Tickle your palate with our signature Watermelon Strawberry Layer Cake.**  
The scent of roses perfuming the layers filled with fresh and succulent watermelons and strawberries, toasted almond and pistachio for a hint of nuts and texture.  
It is an indulging experience and a must try when in Hong Kong.

Our cakes were inspired by a trip our founders made to Australia in 2016. They were intrigued by what they have tasted and saw and felt a strong intuition to bring the experience back to share with the discerning Hong Kong palates. Our founders believed that they could bring a twist to their offerings by creating new and exciting recipes for the local tastes. After much hard work and perseverance, the fantastic journey of LIFETASTIC took off when the first Watermelon Strawberry Layer Cake debuted.

Today, LIFETASTIC is one of the leading gluten-free cake brands in Hong Kong. We offer over 20 selections with “a happier and healthier taste that you can savour” including vegan and keto-friendly choices. All creations are full of unique ingredient combinations.  
All “Insta-worthy”!

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**A Friendly Note When Dining With Us**

A minimum spending of HK\$100 per person is required for dine-in patronage, excluding service charge.

Outside food, beverages and cakes are not allowed.

A 90-minute dining time limit would apply during peak hours.

Corkage fee is \$200 per bottle.

**堂食小提示**

堂食需每人最少消費滿HK\$100，不包括另加一服務。

恕不接受外來食物、飲品及蛋糕。

繁忙時間，用餐時間僅限90分鐘。

開瓶費為每瓶\$200。

LIFETASTIC Refreshing Bowl  
LIFETASTIC 健康清新滿碗

\$108




Cauliflower Panna Cotta  
椰菜花奶凍

\$88



STARTER 頭盤

*The healthier taste that you can savor*



Cauliflower Panna Cotta

椰菜花奶凍

Grilled Cauliflower, Bonito, Salmon & Shrimp Roe

燒椰菜花、鰹魚、三文魚籽、蝦籽

\$88



Tomato Rainbow & Burrata Salad

彩虹番茄布袋芝士沙律

\$88

Organic Quinoa, Kale & Tuna Salad, Yuzu Lemon Dressing

有機藜麥羽衣甘藍吞拿魚沙律、柚子檸檬汁

\$88

LIFETASTIC Refreshing Bowl

LIFETASTIC 健康清新滿碗

Prawn, Watermelon, Avocado, Quinoa, Chia Seed,

Mixed Vegetables, Chef's Choice of Seasonal Dressing

大蝦、西瓜、牛油果、藜麥、奇亞籽、蔬菜、廚師精選時令醬汁

\$108

Parma Ham Caesar Salad

巴馬火腿凱撒沙律

\$98



Cheese Baked Black Truffle Mushroom Toasts (3pcs)

芝士焗黑松露蘑菇法包 (3件)

\$118



Chili Garlic Butter Baked Clams & Toasted Baguette

辣椒香蒜牛油焗大蜆、烤法包

\$168

Seared Duck Liver, Fig & Beetroot

香煎鴨肝、無花果、紅菜頭

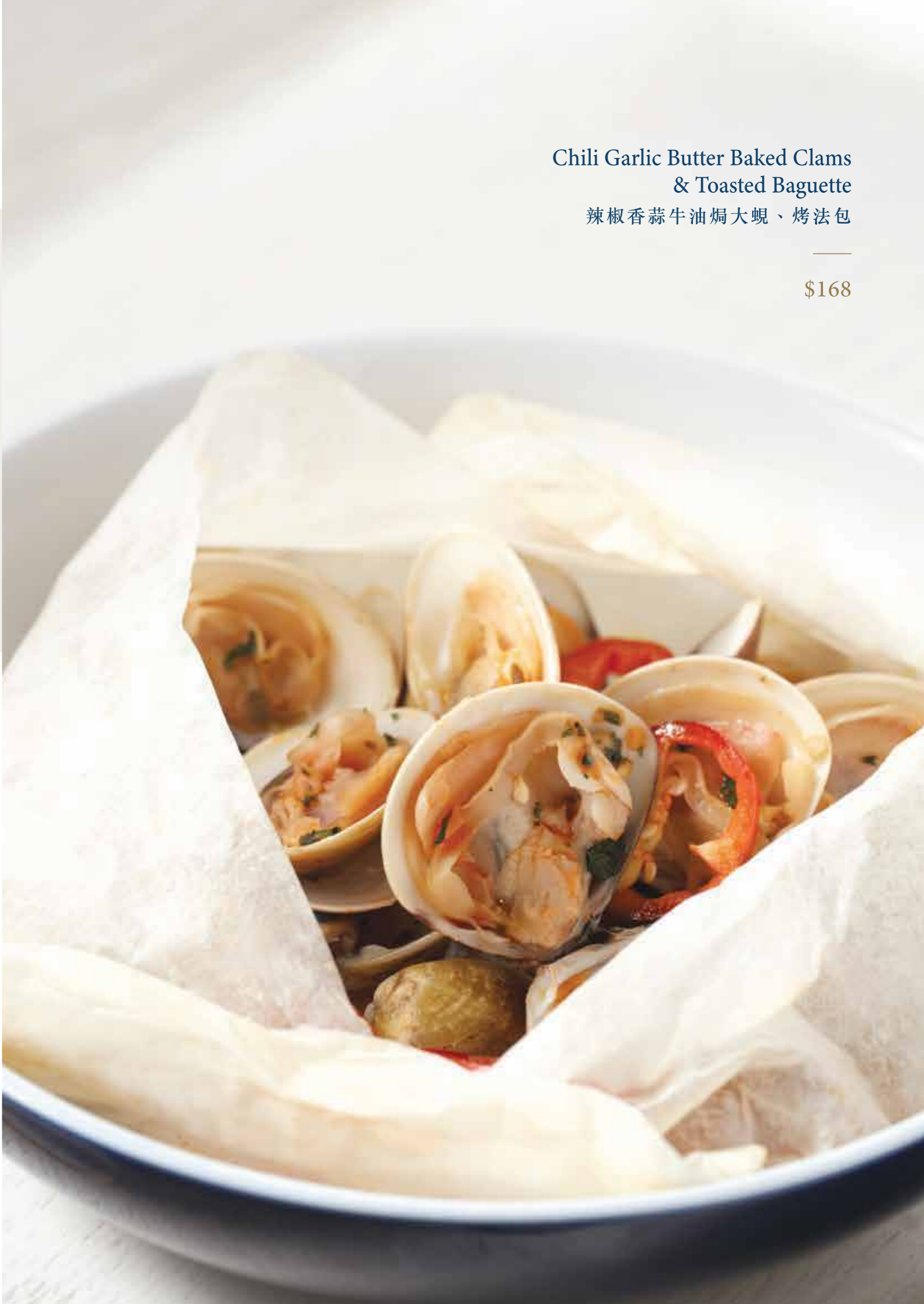
\$178

Chili Garlic Butter Baked Clams

& Toasted Baguette

辣椒香蒜牛油焗大蜆、烤法包

\$168



## Half Lobster Spaghetti & Mala Spicy Seafood Sauce

半隻龍蝦配麻辣海鮮汁意大利粉

The lobster's origin is subject to change

龍蝦產地將不定期更換

\$248



## Signature Mentaiko, Crabmeat &

Hokkaido Scallop Spaghetti

招牌明太子蟹肉北海道帶子意大利粉

\$198



## Spinach & Sweet Pepper Anchovy Penne

菠菜彩椒鰵魚長通粉

\$138



PASTA & RISOTTO 意大利粉及飯

*The healthier taste that you can savor*

- 

Spinach & Sweet Pepper Anchovy Penne

菠菜彩椒鯷魚長通粉

Change to Gluten-free Penne (15 mins prep-time)

轉無麩質長通粉 (需時15分鐘)

\$138
- 

Hokkaido Scallop Spaghetti & Organic Beetroot Tomato Sauce

北海道帶子配有機紅菜頭番茄汁意大利粉

Change to Gluten-free Spaghetti (15 mins prep-time)

轉無麩質意大利粉 (需時15分鐘)

\$168
- 

Cauliflower & Corn Purée Risotto

椰菜花粟米蓉意大利飯

\$128
- 

Porcini Mushroom & Black Truffle Risotto

牛肝菌黑松露意大利飯

\$158



Cauliflower & Corn Purée Risotto

椰菜花粟米蓉意大利飯

\$128

Hokkaido Scallop Spaghetti & Organic Beetroot Tomato Sauce

北海道帶子配有機紅菜頭番茄汁意大利粉

\$168



PASTA & RISOTTO 意大利粉及飯

- Minced U.S. SRF Wagyu Fettuccini & Tomato Sauce

美國SRF和牛肉醬番茄闊條麵

\$178
- 

Signature Mentaiko, Crabmeat & Hokkaido Scallop Spaghetti

招牌明太子蟹肉北海道帶子意大利粉

\$198
- 

Half Lobster Spaghetti & Mala Spicy Seafood Sauce

半隻龍蝦配麻辣海鮮汁意大利粉

The lobster's origin is subject to change

龍蝦產地將不定期更換

\$248
- Crabmeat, Salted Egg & Pumpkin Risotto

蟹肉鹹蛋黃南瓜意大利飯

\$168

Enjoy any one drink at half price upon every Pasta or Risotto patronage

凡惠顧任何意大利粉/飯一份，均可以半價享用任何飲品一杯

 Recommended 推介

 Vegetarian 素食

 Spicy 辣

Please alert your server to any food allergies before ordering | Prices are subject to 10% service charge | Indicative photos only

如閣下對任何食品有敏感，請於點餐時告知你的服務員 | 堂食設另加一服務費 | 相片只供參考



Grilled Spanish Iberico Pork Ribs  
烤西班牙黑毛豬肋骨

\$238



Seared Cod Fish  
香煎鱈魚

\$218

MAIN 主菜

*The healthier taste that you can savor*



Grilled Paprika Cauliflower Steak

紅椒粉烤椰菜花扒

A Rich Chive, Garlic & Olive Oil Vinaigrette Sauce,  
Black Truffled Mashed Potatoes, Mixed Vegetables  
香蔥蒜蓉橄欖油醋汁、黑松露薯蓉、蔬菜

\$168



Grilled U.S. Black Angus Ribeye  
烤美國黑安格斯牛肉眼扒

\$228



MAIN 主菜




Seared Cod Fish

香煎鱈魚

Creamy Chive Sauce, French Beans, Baby Carrot  
香蔥忌廉汁、法邊豆、小甘荀

\$218



Grilled U.S. Black Angus Ribeye (9 oz)

烤美國黑安格斯牛肉眼扒 (9安士)

Red Wine Gravy, Asparagus, Cherry Tomato, New Potato  
紅酒燒汁、蘆筍、車厘茄、新薯

\$228



Grilled Spanish Iberico Pork Ribs

烤西班牙黑毛豬肋骨

Housemade Paprika Cajun BBQ Sauce, Potato Wedges, Salad  
自家製紅椒粉卡真燒烤汁、薯角、沙律

\$238

Enjoy any one drink at half price upon every Main course patronage  
凡惠顧任何主菜一份，均可以半價享用任何飲品一杯

 Recommended 推介  Vegetarian 素食  Spicy 辣

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SMOOTHIE 奶昔

Avocado Yogurt Smoothie 牛油果鮮果乳酪奶昔	\$65
Mixed Berries Yogurt Smoothie 雜莓乳酪奶昔	\$65
Chocolate Oreo Coffee Smoothie 朱古力奧利奧咖啡奶昔	\$65

FRUIT TEA & HOT TEA 果茶及熱茶

LIFETASTIC Iced Fruit Tea (For 2) LIFETASTIC 凍果茶 (兩位用) Watermelon, Strawberry, Roselle Flower 西瓜、草莓、洛神花	\$85
Camomile 洋甘菊	\$45
Fresh Mint Camomile 鮮薄荷洋甘菊	\$45
Rose Green Tea 玫瑰綠茶	\$45
Organic English Breakfast Tea 有機英式早餐茶	\$45
Earl Grey Tea 伯爵茶	\$45

LIFETASTIC Iced Fruit Tea  
LIFETASTIC 凍果茶

\$85



COLD-PRESSED JUICE 冷壓果汁

Made-to-order Using Fresh Fruits & Vegetables  
使用新鮮蔬果，即點即壓

LIFETASTIC Signature Juice LIFETASTIC 招牌果汁 Strawberry, Watermelon, Pineapple 草莓、西瓜、菠蘿	\$55
Super Green 綠色世界 Cucumber, Celery, Green Pepper, Green Apple 青瓜、西芹、青椒、青蘋果	\$55
Ginger Zinger 甘筍薑汁 Ginger, Carrot, Green Apple, Lemon 薑、甘筍、青蘋果、檸檬	\$55
Dreamy Sky 夢見天空 Pineapple, Green Apple, Butterfly Pea 菠蘿、青蘋果、蝶豆花	\$55
ABC Juice ABC 果汁 Green Apple, Beetroot, Carrot 青蘋果、紅菜頭、甘筍	\$55

FRUITY TONIC 果味湯力

Using Fresh Fruits  
使用新鮮水果

Strawberry Tonic 草莓湯力	\$55
Kiwi Lemon Tonic 奇異果檸檬湯力	\$55
Butterfly Pea Lemonade Tonic 蝶豆花檸檬湯力	\$55

COFFEE & MORE 咖啡及其他飲品

	HOT	ICED		HOT	ICED
Espresso 濃縮咖啡	\$28	–	Hot Milk 熱鮮奶	\$35	–
Long Black 黑濃咖啡	\$35	\$38	Organic Hojicha Latte 鮮奶有機焙茶	\$45	\$48
Espresso Tonic 濃縮咖啡湯力	–	\$45	Matcha Latte 鮮奶抹茶	\$45	\$48
Flat White 鮮奶特濃咖啡	\$45	–	French Chocolate 朱古力	\$45	\$48
Cappuccino 意式泡沫咖啡	\$45	–	Earl Grey French Chocolate 伯爵茶朱古力	\$45	\$48
Caffe Latte 鮮奶咖啡	\$45	\$48			
Caffe Mocha 朱古力咖啡	\$45	\$48			
Lemonade Shakerato 檸檬冰搖咖啡	–	\$55			
Cold Brew Coffee 冷萃咖啡	–	\$55			



Signature Watermelon Strawberry  
Layer Cake  
招牌草莓西瓜蛋糕

Rose Petal, Pistachio, Grape, Strawberry,  
Rose-scented Cream, Watermelon, Almond Base  
玫瑰花瓣、開心果、葡萄、草莓、  
玫瑰味忌廉、西瓜、杏仁餅底

GLUTEN-FREE CAKE 無麩質蛋糕

*All Time Favourites*



Signature Watermelon Strawberry  
Layer Cake  
招牌草莓西瓜蛋糕  
\$78/petite 件



Watermelon Lychee  
Layer Cake  
荔枝西瓜蛋糕  
\$78/petite 件



Watermelon Mango  
Layer Cake  
芒果西瓜蛋糕  
\$85/petite 件

*Healthier Concepts*



Keto Cocoa Layer  
Cheesecake  
生酮可可芝士蛋糕  
\$85/petite 件



Keto Layer  
Cheesecake  
生酮芝士蛋糕  
\$85/petite 件



Vegan Cocoa & Raspberry  
Layer cake  
純素可可紅桑子蛋糕  
\$85/petite 件

GLUTEN-FREE CAKE 無麩質蛋糕

Cheesecakes



Pineapple Compote  
Layer Cheesecake  
菠蘿芝士蛋糕  
\$78/petite 件



Durian  
Layer Cheesecake  
榴槤芝士蛋糕  
\$85/petite 件



Fig & Raspberry  
Layer Cheesecake  
無花果紅桑子芝士蛋糕  
\$85/petite 件

Refreshing Fruits



Mango & Pomelo  
Layer Cake  
芒果柚子蛋糕  
\$85/petite 件



Assorted Fruit  
Layer Cake  
雜果千層蛋糕  
\$85/petite 件



Apple Caramel  
Layer Cake  
蘋果焦糖蛋糕  
\$85/petite 件

Hysan Place  
Exclusive

Tea & Chocolate



Butterfly Pea & Blueberry  
Layer Cheesecake  
蝶豆花藍莓芝士蛋糕  
\$85/petite 件



Organic Hojicha &  
Banana Layer Cake  
有機焙茶香蕉蛋糕  
\$78/petite 件



Chocolate & Jasmine Tea  
Layer Cake  
朱古力茉莉花茶蛋糕  
\$78/petite 件



Green Grape & Dill  
Layer Cake  
青提刁草蛋糕  
\$78/petite 件



Pandan & Mango  
Black Rice Layer Cake  
班蘭芒果紫米蛋糕  
\$78/petite 件

## SET LUNCH

11AM – 3PM



### SOUP OF THE DAY 精選餐湯

#### MAIN 主菜

Choose One 選一款

 Slow-cooked Chicken Breast Salad with Pepper & Yuzu Dressing 胡椒柚子汁慢煮雞胸沙律	\$108	 Signature Mentaiko Crabmeat & Hokkaido Scallop Spaghetti 招牌明太子蟹肉北海道帶子意大利粉	\$198
 Summer Fruity Veggie Bowl 夏日蔬果滿碗 Watermelon, Green Apple, Blueberry, Cucumber, Beetroot, Red Cabbage, Cherry Tomato, Mixed Salad, Pumpkin Yogurt Dressing 西瓜、青蘋果、藍莓、青瓜、紅菜頭、紫椰菜、車厘茄、雜沙律菜、南瓜乳酪醬汁 With Slow-cooked Chicken Breast +\$15 另加慢煮雞胸 With Prawn +\$20 另加大蝦	\$128	Keto New Zealand Grass-fed Sirloin Steak with Porcini Mushroom Sauce 生酮新西蘭草飼西冷牛扒伴牛肝菌汁	\$178
 Spicy Cherry Tomato & Basil Spaghetti 香辣車厘茄羅勒意大利粉	\$128	 Char-grilled Australian Wagyu Burger with Sakura Shrimp Fries 炭燒澳洲和牛漢堡配櫻花蝦味薯條	\$188
Garlic Butter Sake Clam Spaghetti 香蒜牛油清酒煮蜆意大利粉	\$148	  Grilled Spanish Pork Ribs 烤西班牙豬肋骨 Housemade Paprika Cajun BBQ Sauce, Potato Wedges, Salad 自家製紅椒粉卡真燒烤汁、薯角、沙律	\$208
LIFETASTIC Crabmeat Spaghetti with Avocado Sauce LIFETASTIC牛油果醬蟹肉意大利粉	\$168		

#### DRINK 飲品

Choose One 選一款

Organic English Breakfast Tea 有機英式早餐茶 / Long Black Coffee 濃黑咖啡 / Fresh Mint Camomile 鮮薄荷洋甘菊 +\$10 / Other Drinks at Half Price 其他飲品半價

### DESSERT 甜點

A Petite Cake at Half Price 件裝蛋糕一件半價

 Recommendation 推介  Vegetarian 素食  Spicy 辣

Please inform server of any food allergies | 10% service charge for dine-in | Dine-in minimum patronage: 1 Set or Main per person  
如閣下對任何食物有敏感，請於點餐時告知服務員 | 堂食設加一服務收費 | 每人最少惠顧一份套餐或主菜

## SET DINNER

6PM – LAST ORDER



### SOUP OF THE DAY 精選餐湯

#### SALAD 沙律

#### MAIN 主菜

Choose One 選一款

 LIFETASTIC Veggie Spaghetti with Avocado Sauce LIFETASTIC牛油果醬雜菜意大利粉	\$168
 Signature Mentaiko Crabmeat & Hokkaido Scallop Spaghetti 招牌明太子蟹肉北海道帶子意大利粉	\$208
Roasted Chicken with Porcini Mushroom Sauce 香烤春雞伴牛肝菌汁	\$238
 Slow-cooked Australian Beef Cheek with Cream Mashed Potato 慢煮澳洲牛面肉伴忌廉薯蓉	\$238
  Grilled Spanish Pork Ribs 烤西班牙豬肋骨 Housemade Paprika Cajun BBQ Sauce, Potato Wedges, Salad 自家製紅椒粉卡真燒烤汁、薯角、沙律	\$248
Grilled US Sirloin Steak (10oz) 燒美國西冷牛扒(10安士) Red Wine Gravy, Asparagus, Cherry Tomato, New Potato 紅酒燒汁、蘆筍、車厘茄、新薯	\$258

#### DRINK 飲品

Choose One 選一款

Organic English Breakfast Tea 有機英式早餐茶 / Long Black Coffee 濃黑咖啡 / Fresh Mint Camomile 鮮薄荷洋甘菊 +\$10 / Other Drinks at Half Price 其他飲品半價

### DESSERT 甜點

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# LIFETASTIC®

BISTRO

## LIFETASTIC SIGNATURE AFTERNOON TEA SET 招牌下午茶

\$588 for 2 位



Indicative photo only • • • • •

# AFTERNOON TEA

2:15PM – 6PM

## LIFETASTIC SIGNATURE AFTERNOON TEA SET 招牌下午茶

### Signature Gluten-free Layer Cakes 招牌無麩質蛋糕

Signature Watermelon Strawberry Layer Cake  
招牌草莓西瓜蛋糕  
3 Assorted Layer Cakes  
3 款層式蛋糕

### Housemade Gluten-free Scones 自家製無麩質英式鬆餅

Housemade Rose Strawberry Jam  
自家製玫瑰草莓果醬  
Housemade Mango & Passion Fruit Jam  
自家製芒果及熱情果果醬  
Clotted Cream  
濃縮忌廉

### Sumptuous Dessert 精緻甜點

Strawberry Jelly Mousse Shots  
草莓果凍慕斯杯

### Gluten-free Savouries 特色無麩質鹹點

2 Kinds of Sandwiches & 3 Kinds of Canapés  
2款特色三文治及3款精美小點

## DRINKS 飲品

LIFETASTIC Iced Fruit Tea (for 2)

LIFETASTIC 凍果茶 (兩位用)

OR 或

Choose Two 選兩款

Espresso 濃縮咖啡 / Long Black 黑濃咖啡 / Flat White 鮮奶特濃咖啡 /  
Cappuccino 意式泡沫咖啡 / Caffè Latte 鮮奶咖啡 /  
Caffè Mocha 朱古力咖啡 / Chocolate 朱古力 /  
Rose Green Tea 玫瑰綠茶 / Chamomile Tea 洋甘菊 /  
Earl Grey Tea 伯爵茶 / Organic English Breakfast Tea 有機英國早餐茶

\$588 for 2 位

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2:15PM – 6PM

## Have a Good AFTERNOON TEA 輕食寫意雙人下午茶

A Choice of 2 Gluten-free Petite Cakes  
自選無麩質件裝蛋糕2件

2 Kinds of Gluten-free Sandwiches  
2款無麩質三文治

Housemade Gluten-free Scones  
自家製無麩質英式鬆餅

Housemade Rose Strawberry Jam, Housemade Mango & Passion Fruit Jam, Clotted Cream  
自家製玫瑰草莓果醬、自家製芒果及熱情果果醬、濃縮忌廉

## DRINKS 飲品

Choose Two 選兩款

Espresso 濃縮咖啡 / Long Black 黑濃咖啡 / Flat White 鮮奶特濃咖啡 /  
Cappuccino 意式泡沫咖啡 / Caffe Latte 鮮奶咖啡 /  
Caffe Mocha 朱古力咖啡 / Chocolate 朱古力 /  
Rose Green Tea 玫瑰綠茶 / Chamomile Tea 洋甘菊 /  
Earl Grey Tea 伯爵茶 / Organic English Breakfast Tea 有機英國早餐茶

\$328 for 2 位

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## TAKEAWAY SET 外賣優惠套餐

Available All-Day 全日提供



## MAIN 主菜

Choose One 選一款

👤 Spinach & Sweet Pepper  
Anchovy Penne  
菠菜彩椒鯷魚長通粉

🌿🔥 Spaghetti Aglio E Olio  
香蒜橄欖油辣椒意粉

🌿 Cauliflower & Corn Purée Risotto  
椰菜花粟米蓉意大利飯

🌿 Porcini Mushroom &  
Black Truffle Risotto  
牛肝菌黑松露意大利飯

## DRINK 飲品

Choose One 選一款

Organic English Breakfast Tea 有機英式早餐茶 / Long Black Coffee 濃黑咖啡

Pair With One of The Below Choices 配搭以下一個選擇

## STARTER

Soup of The Day / Salad  
前菜：精選餐湯 / 沙律

\$108

## CAKE

Any One Petite Cake  
件裝蛋糕：任選一款

\$128

## STARTER & CAKE

前菜及件裝蛋糕

\$138

👤 Recommendation 推介 🌿 Vegetarian 素食 🔥 Spicy 辣

Please inform server of any food allergies before ordering | For takeaway only |  
Cannot be enjoyed with other promotions, vouchers nor coupons | Delicake Members can earn reward points  
如閣下對任何食品有敏感，請於點餐時告知服務員 | 僅限外賣 | 不能與其他優惠、禮券或現金券同時享用 | Delicake會員可賺取積分